



## TROY AREA SCHOOL DISTRICT

68 Fenner Avenue  
Troy, Pennsylvania 16947

[www.troyareasd.org](http://www.troyareasd.org)

570.297.2750  
(fax) 570.297.1600

## Community Resources

### CRISIS AND HOTLINE NUMBERS:

24 Hour Crisis number- 877-724-7142

Crisis Text Line: <https://www.crisistextline.org/> text 741741 to talk to a crisis counselor via text  
911- ask to speak with a crisis worker

Support and Referral Helpline- Created for Pennsylvanians in need of behavioral health resources and referrals during COVID-19 Public Health Crisis- 855-284-2494

Suicide Prevention Hotline:

<https://suicidpreventionlifeline.org>

<https://www.preventsuicidepa.org>

800-273-8255

### **COUNSELING SERVICES (this is not an exhaustive list):**

**[A Better Today](#)**

**570-265-6700**

**[Behavioral Science Building- Robert Packer Hospital](#)**

**570-882-5066**

**[CONCERN](#)**

**570-268-3073**

**[Northern Tier Counseling](#)**

**570-265-0100**

**[Finding New Hope Counseling](#)**

**570-673-8662**

**[Troy Psychological Services](#)**

**570-529-6060**

## **EMERGENCY ASSISTANCE FOR FOOD, SHELTER, UTILITIES:**

2-1-1 Pennsylvania- Financial assistance with rent payments, utility payments, food pantries, brown bag food programs and many other resources.

Dial 2-1-1

<http://nepa211.org>

TACO- Towanda Area Christian Outreach- food assistance  
570-265-4422

Abuse & Rape Crisis Center  
570-265-5333

HAVEN Advocacy Center- Domestic violence support center  
570-724-3549

[Child Hunger Outreach Partners](#) Pop up pantries throughout Bradford County  
570-485-5050

Troy Food Pantry  
570-529-0020

[Helping Hands Food Pantry](#)  
570-596-2648

## **ONLINE RESOURCES FOR ADULTS AND CHILDREN REGARDING COVID-19**

### **K-12 Resources for speaking with children about COVID-19**

[Talking to Children About COVID-19 \(Coronavirus\) A Parent Resource](#)

[Talking to Children About COVID-19](#)

[Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019 \(COVID-19\)](#)

### **Resources for children coping with anxiety**

[Helping Kids with Anxiety: Strategies to Help Anxious Children Coping Skills](#)

### **Resources for adults and families impacted by stress and/or COVID-19**

[Coping with Stress During Infectious Disease Outbreaks](#)

[Taking Care of Your Behavioral Health: Tips for Social Distancing, Quarantine and Isolation During an Infectious Disease Outbreak](#)

<https://www.samhsa.gov/>